



## **C Z E C H O P E N 2 0 0 8**

**International Kickboxing and Wushu Tournament for Adults (no juniors!!)**

**Organized by**

**Czech Fullcontact Union**

**Date:** 27. –28. June 2008

**Time:** Beginning at 9:00 a.m. /Saturday/

**Place:** Sport hall SK Slavia Prague

Address: Vladivostocká 10, Prague 10, Czech Republic

**Weigh-in and Presentation: Friday, June 27, 2008 from 15:00 to 21:00 at the sports hall.** No weigh-in and registration check, no participation. **THE REGISTRATION CHECK DESK WILL BE CLOSED AT 21:00.**

All contestants must present their passports as a proof of their nationality and sporting club when weigh-in. All contestants must have valid medical examination certificates not older than one year in their sporting passports.

**Disciplines:**

**FREE STYLE FORMS  
AERO KICKBOXING  
SEMICONCONTACT**

with music, weapons allowed - ladies, men

team competition – 3 sportsmen per team

ladies -55 kgs, -60 kgs, -65 kgs, +65 kgs.

men -60 kgs, -67 kgs, -71 kgs, -75 kgs, -81 kgs, -91 kgs, +91 kgs.

**LIGHTCONTACT**

ladies – 55 kgs, -60 kgs, -65 kgs, +65 kgs.

men– 60 kgs, -67 kgs, -71 kgs, -75 kgs, -81 kgs, -91 kgs, +91 kgs.

**FULLCONTACT**

ladies – 55 kgs, -60 kgs, -65 kgs, +65 kgs.

men- 54 kgs, 57 kgs, -60 kgs, -63,5 kgs, -67 kgs, -71 kgs, -75 kgs, -81 kgs, -91 kgs, +91 kgs.

**ORIENTAL (K-1 RULES)**

ladies – 55 kgs, -60 kgs, -65 kgs, +65 kgs.

men – 54 kgs, -57 kgs, -60 kgs, 63,5 kgs, -67 kgs, -71kgs, -75kgs, -81 kgs, -91 kgs, +91 kgs.

**SANDA**

men - 48 kg, -52 kg, -56 kg, -60 kg, -65 kg, -70 kg, -75 kg, -80 kg, -85 kg, -90 kg, +90 kg

ladies - 48 kg, -52 kg, -56 kg, -60 kg, -65 kg, +65kg

**Wushu – Taolu**-the following routines will take place if minimum of 5 contestants will register in the routine. Otherwise the organizer will merge the routines.

**Modern routines:** Changquan (Long-fist), Nanquan (Southern-fist), Taijiquan (Shadow boxing), Daoshu (Broadsword), Jianshu (Sword), Nandao (Southern Broadsword), Taijijian (Taiji Sword), Qiangshu (Spear), Gunshu (Cudgel), Nangun (Southern-style cudgel), Duilian (Dual Events – Sparring Set)

**Traditional routines:** Changquan (Long-fist), Nanquan (Southern-fist), Taijiquan (Shadow boxing), Others Bare or non Bare hands, weapons

**Clothing:** the competitors should wear long kickboxing trousers /no shorts/ and cleaned T-shirt in semicontact, lightcontact and sanda, long kickboxing trousers in fullcontact, shorts in oriental and sanda, bare upper body - men, ladies – sleeved or non-sleeved T-shirt.

**Rules:** Czech Fullcontact Union kickboxing rules.

**Protective gear:** All contestants must have their own protective gear: gloves 10 oz (AIBA standard), safety kicks, shin guards, groin guard, chest protector (for sanda), helmets and mouth guard. Tags for Semicontact are allowed /covered fingers/.

**Ladies: additional breast protector and groin guard obligatory!**

**Starting fees: 30 EUR per fighter and discipline. Double start - 50 EUR, Aero-Kickboxing team – 50 EUR**

If you would like to engage your own referees please mention their names during presentation on Friday, 27 June. The organizers reserve the right to decide on the nomination of the referees.

**All contestants compete at their own risk.**

First three competitors in every discipline will be awarded with cup and diploma (certificate).

**Organizers:**

**Czech Fullcontact Union**

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**Jan Plaček – regarding referees /German/**

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**Accommodation:**



Your travel partner in the Czech Republic

[www.cedok.cz](http://www.cedok.cz)

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